

Shri Hanuman Chalisa

Shri Guru Charan Saroj Raj

Nij mane mukure sudhar

Varnao Raghuvar Vimal Jasu

Jo dayaku phal char

After cleansing the mirror of my mind with the pollen dust of holy Guru's Lotus feet. I Profess the pure, untainted glory of Shri Raghuvar which bestows the four-fold fruits of life.(Dharma, Artha, Kama and Moksha).

Budhi Hin Tanu Janike

Sumirau Pavan Kumar

Bal budhi Vidya dehu mohe

Harahu Kalesa Vikar

Fully aware of the deficiency of my intelligence, I concentrate my attention on Pavan Kumar and humbly ask for strength, intelligence and true knowledge to relieve me of all blemishes, causing pain.

Jai Hanuman gyan gun sagar

Jai Kapis tihun lok uजार

Victory to thee, O'Hanuman! Ocean of Wisdom-All hail to you O'Kapisa! (fountain-head of power,wisdom and Shiva-Shakti) You illuminate all the three worlds (Entire cosmos) with your glory.

Ram doot atulit bal dhama

Anjani-putra Pavan sut nama

You are the divine messenger of Shri Ram. The repository of immeasurable strength, though known only as Son of Pavan (Wind), born of Anjani.

Mahavir Vikram Bajrangi

Kumati nivar sumati Ke sangi

With Limbs as sturdy as Vajra (The mace of God Indra) you are valiant and brave. On you attends good Sense and Wisdom. You dispel the darkness of evil thoughts.

Kanchan varan viraj subesa

Kanan Kundal Kunchit Kesa

Your physique is beautiful golden coloured and your dress is pretty. You wear ear rings and have long curly hair.

Hath Vajra Aur Dhuvaje Viraje

You carry in your hand a lightening bolt

Kandhe moonj janehu sajai

along with a victory
(kesari) flag and wear the sacred thread on
your shoulder.

Sankar suvan kesri Nandan

As a descendant of Lord Sankar, you are a
comfort and pride

Tej pratap maha jag vandan

of Shri Kesari. With the lustre of your Vast
Sway, you are
propitiated all over the universe.

Vidyavan guni ati chatur

You are the repository of learning, virtuous
and fully accom-

Ram kaj karibe ko aatur

plished, always keen to carry out the
behest's of Shri Ram.

Prabu charitra sunibe ko rasiya

You are an ardent listener, always so keen
to listen to the

Ram Lakhan Sita man Basiya

narration of Shri Ram's Life Stories. Your
heart is filled with
what Shri Ram stood for. You therefore
always dwell in the
hearts of Shri Ram, Lakshman and Sita.

Sukshma roop dhari Siyahi dikhava

You appeared before Sita in a Diminutive
form and spoke to

Vikat roop dhari lanka jarava

her in humility. You assumed an awesome
form and struck
terror by setting Lanka on fire.

Bhima roop dhari asur sanghare

With over-whelming might you destroyed
the Asuras

Ramachandra ke kaj sanvare

(demons) and performed all tasks assigned
to you by Shri Ram
with great skill.

Laye Sanjivan Lakhan Jiyaye

You brought Sanjivan (A herb that revives
life) and restored

Shri Raghuvir Harashi ur laye

Lakshman back to life, Shri Raghuvir (Shri
Ram) cheerfully
embraced you with his heart full of joy.

Raghupati Kinhi bahut badai

Shri Raghupati (Shri Ram) lustily extolled
your excellence and

Tum mam priye Bharat-hi sam bhai

said: "You are as dear to me as my own
brother Bharat."

Sahas badan tumharo yash gaave

Thousands of living beings are chanting
hymns of your glories;

Us kahi Shripati kanth lagaave

saying thus, Shri Ram warmly hugged him
(Shri Hanuman).

**Sankadik Brahmadi Muneesa
Narad Sarad sahit Aheesa**

When prophets like Sanka, even the Sage like Lord Brahma, the great hermit Narad himself, Goddess Saraswati and Ahisha (one of immeasurable dimensions).

**Yam Kuber Dignpal Jahan te
Kavi kovid kahi sake kahan te**

Even Yamraj (God of Death) Kuber (God of Wealth) and the Dignpals (deputies guarding the four corners of the Universe) have been vying with one another in offering homage to your glories. How then, can a mere poet give adequate expression of your super excellence.

**Tum upkar Sugreevahin keenha
Ram milaye rajpad deenha
Tumharo mantra Vibheeshan mana
Lankeshwar Bhaye Sub jag jana**

You rendered a great service to Sugriv. You united him with Shri Ram and he installed him on the Royal Throne. By heeding your advice, Vibhishan became Lord of Lanka. This is known all over the Universe.

**Yug sahastra jojan par Bhanu
Leelyo tahi madhur phal janu**

On your own you dashed upon the Sun, which is at a fabulous distance of thousands of miles, thinking it to be a sweet luscious fruit.

**Prabhu mudrika meli mukh mahee
Jaladhi langhi gaye achraj nahee**

Carrying the Lord's Signet Ring in your mouth, there is hardly any wonder that you easily leapt across the ocean.

**Durgaam kaj jagat ke jete
Sugam anugraha tumhre tete**

The burden of all difficult tasks of the world become light with your kind grace.

**Ram dware tum rakhvare,
Hoat na agya binu paisare**

You are the sentry at the door of Shri Ram's Divine Abode. No one can enter it without your permission,

**Sub sukh lahai tumhari sarna
Tum rakshak kahu ko dar na**

All comforts of the world lie at your feet. The devotees enjoy all divine pleasures and feel fearless under your benign Protection.

Aapan tej samharo aapai

You alone are befitted to carry your own splendid valour. All the

Teenhon lok hank te kanpai

three worlds (entire universe) tremor at your thunderous call.

Bhoot pisach Nikat nahin aavai

All the ghosts, demons and evil forces keep away, with the sheer mention of your great name, O'Mahaveer!!

Mahavir jab naam sunavai

Nase rog harai sab peera

All diseases, pain and suffering disappear on reciting regularly Shri Hanuman's holy name.

Japat nirantar Hanumant beera

Sankat se Hanuman chudavai

Those who remember Shri Hanuman in thought, words and deeds with Sincerity and Faith, are rescued from all crises in life.

Man Karam Vachan dyan jo lavai

Sub par Ram tapasvee raja

All who hail, worship and have faith in Shri Ram as the Supreme Lord and the king of penance. You make all their difficult tasks very easy.

Tin ke kaj sakal Tum saja

Aur manorath jo koi lavai

Whosoever comes to you for fulfillment of any desire with faith and sincerity, Will he alone secure the imperishable fruit of human life.

Sohi amit jeevan phal pavai

Charon Yug partap tumhara

All through the four ages your magnificent glory is acclaimed far and wide. Your fame is Radiantly acclaimed all over the Cosmos.

Hai persidh jagat ujjyara

Sadhu Sant ke tum Rakhware

You are Saviour and the guardian angel of Saints and Sages and destroy all Demons. You are the angelic darling of Shri Ram.

Asur nikandan Ram dulhare

Ashta sidhi nav nidhi ke dhata

You can grant to any one, any yogic power of Eight Siddhis (power to become light and heavy at will) and Nine Nidhis (Riches, comfort, power, prestige, fame, sweet relationship etc.) This boon has been conferred upon you by Mother Janki.

Us var deen Janki mata

Ram rasayan tumhare pasa

You possess the power of devotion to Shri Ram. In all rebirths you will always remain Shri Raghupati's

Sada raho Raghupati ke dasa

**Tumhare bhajan Ram ko pavai
Janam janam ke dukh bisravai**

most dedicated disciple.

Through hymns sung in devotion to you,
one can find Shri Ram
and become free from sufferings of several
births.

**Anth kaal Raghuvir pur jayee
Jahan janam Hari-Bakht Kahayee**

If at the time of death one enters the Divine
Abode of Shri Ram,
thereafter in all future births he is born as
the Lord's devotee.

**Aur Devta Chit na dharehi
Hanumanth se hi sarve sukh karehi**

One need not entertain any other deity for
Propitiation, as
devotion of Shri Hanuman alone can give
all happiness.

**Sankat kate mite sab peera
Jo sumirai Hanumat Balbeera**

One is freed from all the sufferings and ill
fated contingencies of
rebirths in the world. One who adores and
remembers Shri Hanuman.

**Jai Jai Jai Hanuman Gosahin
Kripa Karahu Gurudev ki nyahin**

Hail, Hail, Hail, Shri Hanuman, Lord of
senses. Let your victory
over the evil be firm and final. Bless me in
the capacity as my
supreme guru (teacher).

**Jo sat bar path kare kohi
Chutehi bandhi maha sukh hohi**

One who recites Chalisa one hundred
times, becomes free from the
bondage of life and death and enjoys the
highest bliss at last.

**Jo yah padhe Hanuman Chalisa
Hoye siddhi sakhi Gaureesa**

All those who recite Hanuman Chalisa
(The forty Chaupais)
regularly are sure to be benedicted. Such
is the evidence of no less a
witness as Bhagwan Sankar.

**Tulsidas sada hari chera
Keejai Das Hrdaye mein dera**

Tulsidas as a bonded slave of the Divine
Master, stays perpetually at
his feet, he prays "Oh Lord! You enshrine
within my heart & soul."

**Pavantnai sankat haran,
Mangal murti roop.
Ram Lakhan Sita sahit,
Hrdaye basahu sur bhoop.**

Oh! conqueror of the Wind, Destroyer of all
miseries, you are a
symbol of Auspiciousness.
Along with Shri Ram, Lakshman and Sita,
reside in my heart.
Oh! King of Gods.

